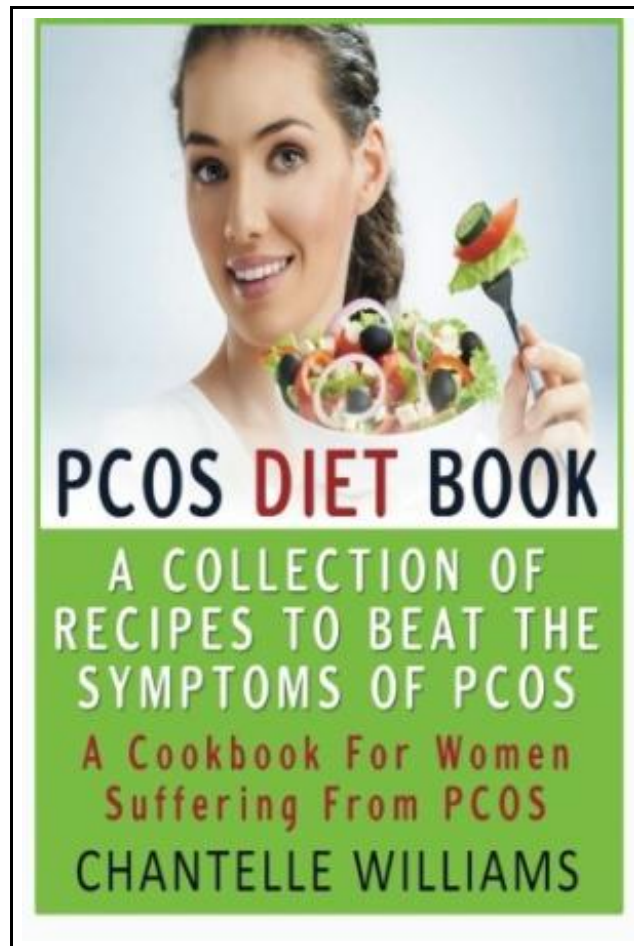


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(Rebecca Bechtelar)

PCOS DIET BOOK: A COLLECTION OF RECIPES TO BEAT THE SYMPTOMS OF PCOS: A COOKBOOK FOR WOMEN SUFFERING FROM PCOS



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Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Although the majority of women worldwide do not have any idea what PCOS (Polycystic Ovarian Syndrome) is or that it even exists, it does cause several different symptoms which most commonly affect the reproductive health of females in very devastating ways. It is a disorder of the endocrine system, even though it is the reproductive system that is mostly affected. Because of the significant and lasting health consequences of PCOS, quick and precise diagnosis becomes highly important and urgent, and this should be followed by an adequate treatment procedure. You will find that PCOS is not very common among aging women and even more uncommon among women in the post-menopausal stage of life. Consequences, such as lipid abnormalities and diabetes which come with PCOS, can go on for long periods following menopause. What this actually means is that once a woman begins menopause, it is highly unlikely that she would develop the disease. This book gives you advice on how to deal with the symptoms as well as how to help someone who is diagnosed with PCOS. You should lend a listening ear and offer strong support as they battle with the difficulties they are confronted with. These folks need to be victorious and gain a wonderful and healthy lifestyle. According to research, this is the most ideal way to cope with the disorder. PCOS, as pointed out, is the abbreviation for Polycystic Ovarian Syndrome, a disorder of the hormones. It is known as a hormonal disorder, which is common among women, and affects about 7 worldwide. Chantelle Williams is among this estimated percentage. Her first instinct, after being told it was a possibility that she had PCOS,...



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