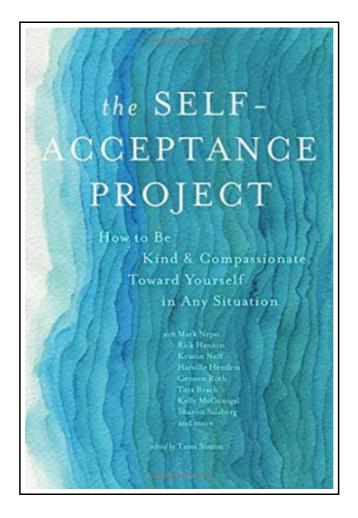
The Self-Acceptance Project: How to be Kind and Compassionate Toward Yourself in Any Situation



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