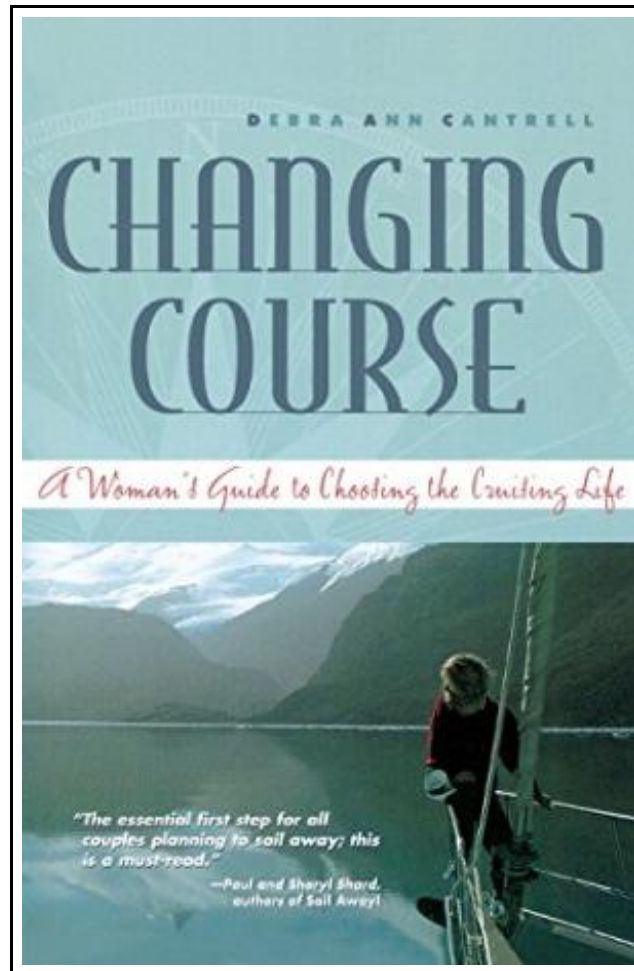


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Reviews

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International Marine Publishing Co. Paperback. Book Condition: new. BRAND NEW, Changing Course: A Woman's Guide to Choosing the Cruising Life (2nd Revised edition), Debra Ann Cantrell, 'The essential first step for all couples planning to sail away; this is a must-read' - Paul and Sheryl Shard, authors of "Sail Away"! "Changing Course" is the first book that honestly evaluates the transition to life afloat' - Beth Leonard, author of "The Voyager's Handbook". Debra Ann Cantrell faced a dilemma when her husband proposed living and cruising on a boat. She would lose a career she loved and, she feared, everything by which she'd defined herself. She wondered how others had made the decision to go cruising and how their choice affected their lives. Her search for answers led her to more than a hundred women, over a five-year period, whose partners had proposed the cruising life."Changing Course" chronicles the odyssey of making a major lifestyle change from land to sea. This thought-provoking and highly personal book explores what women stand to gain when they set forth on such a journey - and what they stand to lose if they do not. 'Excellent preparation' - "48 Degrees North". 'A solid resource for cruisers.Cantrell's sensible advice is reassuring, positive, and affirming' - "Southwinds". 'Fresh and honest, and the author is warm, enthusiastic, and encouraging' - "Good Old Boat". 'Poignant and highly inspiring' - Women's Sailing Foundation.

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