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Food Intolerance Solutions

By Mary Roe

Filament Publishing, United Kingdom, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. Mary Roe is a registered nurse with more than 21 years experience as a food intolerance specialist, which combined with her 10 years experience as a hospital nurse, has established her as the go to person for practical solutions for chronic food intolerance symptoms. She has built up a professional reputation from her hands-on, direct client experience, as well as through evidence gained from many years of conducting client surveys and analysis of client data. She is dedicated to helping people recover from chronic food intolerance symptoms, which adversely affect their quality of life. This book will help you with chronic food intolerance symptoms, when you wish to find the underlying causes, or when symptoms are not responding to traditional medical treatment. It provides all the information you need to know to understand your food intolerance problems, triggers and how to solve them. Mary Roe shares her many years of experience, and her survey data to help people overcome their symptoms and improve their quality of life. This book offers the reader an understanding of how food intolerance works and what the triggers...



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Reviews

Basically no terms to clarify. It is actually written in basic terms rather than confusing. I found out this ebook from my dad and I suggested this book to find out.

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